



## **Service Directory For Parents of Young Children**



**Family Support** 

Services to help families be safe, secure, and financially stable.

## 211

#### call-211.org

Call 211 to speak with a trained and compassionate expert who will help you connect to community resource providers in this directory and MORE.

## **Catholic Charities of West** MI-Muskegon

1720 Park Street, Muskegon, 49441 231-726-4735

#### ccwestmi.org

Baby pantry, meals. home visitation services, pregnancy counseling, foster care and adoption services.

## **COGIC Total Man Outreach Community Center**

2140 Valley Street, Muskegon, 49444 231-722-3219

#### totalmanministry.org

Food, clothes, community garden, community gym and early literacy outreach.

## **Child & Family Health**

Health care and services for children with developmental concerns.

### **Hackley Community** Care

2700 Baker Street, Muskegon, 49444 231-737-1335

#### hackleycommunitycare.org

Medical home including pediatrics, obstetrics, dental, pharmacy, mental health, and school-based services. Special programs include: Maternal and Infant Health, and Grandparents Raising Grandchildren.

## **Health Project**

1675 Leahy Street, Ste. 201B Muskegon, 49442 231-672-3201

#### mchp.org

Health insurance for children, MIChild! Healthy Kids outreach and enrollment, Pathway to a Healthy Pregnancy and Smoke Free Mom and Baby programs.

## **Teen Health Centers -**Muskegon & Oakridge

80 W. Southern Avenue Muskegon, 49441

## **Parenting Support**

Great parents have help along the way. Find your support.

## **Great Start Parent & Family Coalition**

231-299-0182

#### muskegonisd.org/earlychildhood/ greatstart/parents/

Find your parent superpower and your village to help you with the most important job you'll ever have.

## **Muskegon Parents' Initiative (MPI)**

## muskegonparenting.org

Parents, you are NOT alone! MPI works to support all parents in building strong families, reminding everyone that it's ok to ask for help.

### **Arbor Circle**

427 Seminole Rd. Suite 200B, Norton Shores, 49444 231-777-2222

#### arborcircle.org

Foster care and adoption services, parenting classes, substance abuse counseling and child care referral.

## The ARC Muskegon

601 Terrace, Suite 101

## **Social-Emotional**

Child development and mental health services

## **Hackley Community**

2700 Baker Street, Muskegon, 49444 231-737-1335

Care

#### hacklevcommunitycare.org

Mental health services, schoolbased mental health, and support groups.

#### **HealthWest**

376 E. Apple Avenue, Muskegon, 49442 231-722-4357 healthwest.net

Wrap-around services for children with disabilities, parent management, child care expulsion prevention, individual and group therapy, Infant Mental Health (IMH), and autism support.

## **Muskegon Family Care**

2201 S. Getty Street Muskegon, 49444 231-739-9315

## mfc.health.org

Counseling, behavioral and

## **Early Education**

To prepare children for kindergarten and bevond

### **Muskegon Area ISD Early Childhood Resources**

231-767-8300 231-299-0182

#### muskegonisd.org/earlychildhood/ resources/

Many services for children birth to five years old and their families, including FREE weekly Learn, Play & Grow Groups. Locations throughout Muskegon County.

### **Head Start and Early Head** Start of Muskegon/Oceana & GSRP

231-767-8300

#### muskegonisd.org/earlychildhood/ free-preschool/

Free preschool for eligible three- and four-year-old children throughout Muskegon and Oceana Counties. Also, free in-home early education for eligible children, prenatal to three.

## **Great Start to Quality Western Resource Center**

877-614-7328

## Department of Health and Human Services

2700 Baker Street, Muskegon Heights,49444 231-733-3700

#### michigan.gov/mdhhs

Child care assistance, migrant and refugee services, food and cash assistance, healthcare coverage, and Medicaid.

#### **Every Woman's Place**

1221 W. Laketon Avenue, Muskegon, 49441 231-759-7909

#### everywomansplace.org

Parenting classes, domestic violence support groups, emergency shelter, crisis intervention, and counseling for women and children.

### **Family Court**

231-724-6234

#### www.co.muskegon.mi.us/458/ Family-Division

Provides court services for child support, custody, parenting time, personal protection orders, juvenile delinquency, abuse and neglect, and adoption.

## Goodwill Industries of West Michigan, Inc.

271 E. Apple Avenue, Muskegon, 49442 231-722-7871 www.goodwillwm.org & 251 S. Wolf Lake Road, Muskegon, 49442 231-733-6868 Serves youth ages 5-21. Mental, medical, dental, health counseling, and health education.

## **Muskegon Family Care**

2201 S. Getty Street Muskegon, 49444 231-739-9315

#### mfc-health.org

Medical Home including pediatrics, obstetrics, Centering Pregnancy, dental, pharmacy, Maternal Infant Health program, and behavioral health services.

### Early On

684 Harvey Street Muskegon, 49442 231-767-7247

#### muskegonisd.org/ earlychildhood/earlyon/

Assessments and early intervention services to support the developmental needs of infants and toddlers with delays or established conditions that may lead to delays.

## Help Me Grow Michigan

www.asqonline.com/family/7a760b

Free Ages and Stages
Questionaire (developmental
screening), follow-up support, tips,
and referrals.

## WIC: Women, Infants, and Children

Muskegon, 49440 231-777-2006

#### arcmuskegon.org

Advocacy for children with intellectual and developmental disabilities and their families.

#### **MSU Extension Program**

1903 Marquette Avenue Muskegon, 49442 231-724-6361

### canr.msu.edu/muskegon

Nutrition, child development, and parenting education.

## **Grandparents Raising Grandchildren**

Hackley Community Care 231-737-1335

## **Teen Pregnancy Support**

New Life Beginningz 231-769-0705

# Prenatal and Breastfeeding Support

Muskegon Area La Leche League Support Groups 231-740-5936 or 231-777-3238

Dr. Tarajo Hanrahan, one oneon-one breastfeeding assistance 231-672-3155

How YOU Birth Doulas 231-769-0314
Trinity Health Lactation Dept.

mental health care, ADHD testing, substance abuse intervention, and group therapy.

### Servicios de Esperanza Services of Hope

8 W. Walton Avenue Muskegon, 49440 231-722-7980

## serviciosdeesperanzaconsejeria.

Bilingual (Spanish and English). Family counseling, parenting classes, alcohol and drug counseling, trauma-focused, cognitive behavioral health, play therapy for children over three, and, ADHD testing.

## Wedgwood Christian Services

950 W. Norton Ave. Suite 301 Muskegon, MI 49441, 616-965-3474

#### wedgwood.org/substance-use

Case management, recovery management, and counseling for pregnant women and women with children who are struggling with substance abuse or addiction, on Medicaid.

#### greatstarttoquality.org

Information on childcare placement, quality childcare and preschool.

## **Dolly Parton Imagination Library**

231-722-3134

#### unitedwaylakeshore.org/dpil

Register young children to receive a free book in the mail each month until they turn five.

#### Read Muskegon

26 E. Broadway Avenue, Muskegon Heights, 49444 231-747-7273

#### readmuskegon.org

Free literacy tutoring for adults, teens, and children. ABCs of cooking, art and music classes for children 0-5 years old with a caregiver.

## Read early. Read often. 231-767-7285

#### readearly.org

Tips, books, resources, and a community calendar to help families and caregivers give their children the reader's advantage.

#### **Embrace Books**

1050 W. Southern Avenue, Muskegon, 49441 231-981-8451

#### embracebooks.org

FREE Bookstore for everyone!

Job training, job fairs, unemployment support, work readiness, supported employment, supportive services for veteran families, and more.

#### **Holton Community Center**

8485B, Holton Road, Holton, 49425 231-821-0000

#### holtoncommunitycenter.org

Food pantry, clothing closet, and early literacy outreach.

#### Love, INC

2735 Apple Avenue #A, Muskegon, 49442 231-773-3448

#### loveincofmuskegon.com

Baby pantry, clothing pantry, food pantry, personal care pantry, budgeting education, life skills classes, parenting classes, and emergency assistance.

## Little River Band of Ottawa Indians

1478 E. Ellis Road Muskegon, 49444 Irboi-nsn.gov/membershipservices/family-services/ Serving native and non-native

families, reunification services, family violence protection,

## Positive Indian Parenting

program, notary services, counseling, and more.

1903 Marquette Avene, Door 23 Muskegon, 49442 231-724-1281

#### muskegonhealth.net

Supplemental nutrition program for pregnant women, and children 0 to 5 years old, nutrition education, breastfeeding support. Services for children are also available to fathers, foster parents, and grandparents raising young children.

## **How YOU Birth Doula Initiative**

howyoubirth@gmail.com 231-769-0314

Referrals to doulas who serve Medicaid patients. Doulas provide coaching and compassionate support during pregnancy, labor, birth, and early postpartum.

## **Hearing and Vision Program**

1903 Marquette Ave., Door 23 Muskegon, 49442 231-724-1394

## co.muskegon.mi.us/819/

## **Hearing-Vision-Screening**

Hearing and vision screenings for Muskegon County children ages 3-18 years Monday through Friday, 8 am to 4 pm by appointment.

## **Infant See Program** 314-

983-4286

#### infantsee.org

FREE Comprehensive infant eye assessment for 0-12 month-old

231-672-2197

Muskegon Pregnancy Services 231-726-2677

#### WIC

Breastfeeding line, 231-724-6877 After Hours Line, 231-327-4296

2 For Baby, 616-847-7984

Growing Healthy Families Together, 231-557-2649

## Home Visitation and Support

Early Head Start www.muskegonisd.org/ earlychildhood/earlyhs/ 231-767-4365

Healthy Families, Catholic Charities of West MI-Muskegon 231-726-4735

## Maternal Infant Health Programs

Hackley Community Care 231-737-1335

Muskegon Family Care 231-737-1760

### **Parenting Education**

Great Start Parent Coalition parentville.org 231-299-0182

Open the 2nd and 4th Saturdays of every month from 8 am - 4 pm.

**Tri-Share Childcare** 231-722-7871 x 1015

#### www.goodwillwm.org

Eligible parents share the cost of childcare with participating employers and an expanded state subsidy

#### **Lakeshore Museum Center**

430 W. Clay Ave. Muskegon, 49440 231-722-0278

#### lakeshoremuseum.org

Free educational programming for Muskegon County residents of all ages, including Play & Learn for families with children 0-5 years, and events for families with autistic children.

## **Muskegon County Libraries:**

Borrow books, digital materials, music, and movies. Find Storytimes, WiFi, family programs, and more! Storyville Early Childhood Villages and Family Place Libraries at specific locations.

### Fruitport District Library

47 Park Street Fruitport, 49415 231-366-6107

fruitportdistrictlibrary.org

## **Mid Michigan Community Action Agency**

878 Jefferson Street #2 Muskegon, 49440 231-557-7622

#### mmcaa.org

Assistance programs: home loss prevention, home buying education, critical home repairs, water affordability, weatherization, commodities for seniors who qualify, and material assistance voucher program.

#### **Mission for Area People**

2500 Jefferson Street Muskegon Heights, 49444 231-733-9622

## missionforareapeople.org

Assistance with rent, utilities, transportation, daycare, and emergency medical and dental. Food, clothing, and household pantry. Holiday programs.

### **Muskegon Pregnancy** Services

1775 Wells Avenue, Muskegon 49442 231-726-2677

## muskegonpregnancyservices.org

Earn as you Learn - Baby furniture, baby food, clothing, and supplies.

## **Muskegon Rescue Mission**

muskegonmission.org

Men's Shelter

children.

#### **Childhood Immunizations**

1903 Marquette Avene, Door 29 Muskegon, 49442 231-724-1220

### muskegonhealth.net

Prevent childhood illness. Free *immunizations for eligible* children.

### **Options Women's Care** Center

1275 Peck St. Muskegon, 49441 231-769-0320

### optionswomenscarecenter.org

Free Services. STI testing and treatment for women. Pregnancy testing, ultrasound confirmation and more.

## Lead Safe Muskegon

933 Terrace Street, Muskegon, 49440 231-724-6246 Prevents childhood exposure to lead by removing any and all lead hazards from a home. Free to tenants and eligible homeowners. Call for criteria.

## **Childhood Lead Poisoning Prevention Program**

Public Health Muskegon County 1903 Marquette Avenue, Muskegon, 49442 231-724-1244

Bright by Text bbtxt.org/3tr5E0X

Pathfinders of Muskegon pathfindersofmuskegon.org 231-215-9957

Help Me Grow MI asqonline.com/family/7a760b

Every Woman's Place 231-759-7909

Strengthening Families & Nurturing Families, Arbor Circle 231-777-2222

Conscious Discipline, Arbor Circle 231-777-2222

Positive Indian Parenting/Little River Band of Ottawa Indians 231-655-3399 Or 231-655-3136

Love, INC 231-773-3448

## **Teen Parenting**

Catholic Charities of West MI-Muskegon 231-726-4735

Early Head Start 231-767-4365

**Fatherhood Support Groups** 

**Hackley Public Library** 

316 W. Webster Avenue Muskegon, 49440 231-722-8000

hackleylibrary.org

**Muskegon Area District** Library (MADL)

Various locations throughout Muskegon County 231-737-6248

madl.org

White Lake Community Library

3900 W. White Lake Drive Whitehall, 49461 231-894-9531 wlclib.org

400 W Laketon 231-727-6085

231-714-4373

Women's and Family Shelter 1691 Peck St 231-727-6010

Community Resource Center 1747 7th St. Suite B

Emergency homeless shelter, clothing gift certificates, household goods gift certificates, food pantry, free meals, case management, and more.

#### **Muskegon Salvation Army**

1121 Shonat Street Muskegon, 49442 231-773-3284

 $\underline{centralusa.salvationarmy.org/Muskegon/}$ 

Food pantry, utilities, fuel, rent and mortgage assistance, and selfsufficiency education program.

## Read Muskegon

26 E. Broadway Avenue, Muskegon Heights, 49444 231-747-7273

#### readmuskegon.org

Reading tutoring for adults and K-12 students, and ESL classes.

## Safe Kids West Michigan

1500 E. Sherman Boulevard, Muskegon, 49444 231-672-4910

#### safekidswestmichigan.org

Promotes safety for infants and children, provides car seats, bike helmets, and safety devices.

Provides Nursing Case Management to Lead Poisoned Children 0-6 years of age Contact

### Children's Special Health Care Services

231-724-6209 1903 Marquette Ave. Ste. S101 (Door 23), Muskegon, 49442 co.muskegon.mi.us/817/Childrens-Special-Health-Care-Services

Provides diagnosis-specific health insurance and case management services for children and some adults with chronic medical conditions.

## Family Spirit (231) 398-6760

<u>lrboi-nsn.gov/membership-services/</u>
family-services/

Based in Manistee as part of the Little River Band of Ottawa Indians services. Serves Muskegon too. Home visits for families with children prenatal to 5 years old. Nutrition, pregnancy, breastfeeding support, parenting, and family goal support.

#### **Volunteer For Dental**

31 E. Clay Avenue Muskegon, 49442 231-773-1360 Basic dental care in exchange for volunteer service for those who qualify. Oral health education, and referrals.

**Access Health** 

Fathers Matter/Catholic Charities of West MI-Muskegon 231-726-4735 ccwestmi.org/what-we-do/family-support-programs

Dad Movement Podcast 616-304-8360 bit.ly/muskegondads

Man Cave Mondays/ Fresh Coast Alliance 231-907-2851

Fathers Matter Collaborative 231-724-1293

## **Mom Mentoring Program**

Public Health Muskegon County 231-724-4415 mommentoringmuskegon.org

## **Smoking Cessation Class**

Health Project 231-672-3211

| T. N. d                     | 1200 Ransom Street, Suite #102,       |  |  |
|-----------------------------|---------------------------------------|--|--|
| True North                  | Muskegon, 49442                       |  |  |
| 6308 S. Warner Avenue,      | 231-728-5180                          |  |  |
| Fremont, 49412              | Reduced cost health insurance for     |  |  |
| 231-924-0641                | those who qualify, health             |  |  |
| truenorthservices.org       | coaching, and education.              |  |  |
| Housing, heat, and electric |                                       |  |  |
| assistance.                 | Trinity Community                     |  |  |
|                             | Resource Hub                          |  |  |
|                             | communityresources.trinity-health.org |  |  |
|                             | <u>Database</u> of free and reduced   |  |  |
|                             | health and social resources.          |  |  |
|                             | Questions about a listing, contact    |  |  |
|                             | michael.ramsey@trinity-health.org     |  |  |

If any information in this directory needs to be updated, please contact <a href="mailto:akeessen@muskegonisd.org">akeessen@muskegonisd.org</a> or call 231-767-7285.